



Confidential Case History

To be performed by clinic staff:

Height: \_\_\_\_\_ inches
Weight: \_\_\_\_\_ pounds
BP: \_\_\_\_ / \_\_\_\_ L/R
Pulse: \_\_\_\_\_ Temp: \_\_\_\_\_
CA Initials: \_\_\_\_\_

Patient Type: [ ] New Patient [ ] Existing Patient- Circle one: New injury or new episode

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Date: \_\_\_\_\_

Please send any reports or other communication to my primary care provider: \_\_\_\_\_

or other specialists I have seen: \_\_\_\_\_

Main Complaint: Where is your pain? \_\_\_\_\_

When did it start? Date: \_\_ Is it from an Auto Accident? [ ] Yes [ ] No Work Related Injury? [ ] Yes [ ] No

How did it start? \_\_\_\_\_

What makes your symptoms worse? moving from: [ ] lay to sit [ ] sit to stand [ ] ascend stairs [ ] bearing down/strain [ ] bend [ ] carry
[ ] cough/sneeze [ ] cross legs [ ] descend stairs [ ] driving [ ] exercise [ ] lift; lying on: [ ] back [ ] stomach [ ] L side [ ] R side [ ] reaching [ ] sitting
[ ] squatting [ ] standing, [ ] stoop [ ] stress [ ] turn in bed [ ] twist [ ] walking [ ] look down [ ] look up [ ] reading, turn head [ ] L [ ] R. [ ] Other: -

What makes your symptoms better? [ ] Chiropractic adjustment [ ] analgesic [ ] exercise [ ] heat [ ] lay with knees bent up [ ] ice Laying on:
[ ] back [ ] stomach, [ ] medication [ ] movement [ ] muscle relaxant [ ] no movement [ ] NSAID [ ] sit [ ] stand [ ] stretch [ ] back brace/belt [ ] TENS
[ ] topical analgesic (Biofreeze etc.) [ ] Other: \_\_\_\_\_

Quality of Pain: [ ] aching [ ] burning [ ] cramping [ ] deep [ ] dull [ ] numb [ ] radiating [ ] sharp [ ] shooting [ ] stabbing [ ] stiffness
[ ] throbbing [ ] tingling

Indicate how you would rate your pain intensity on the following scale. Please circle one number each to indicate. "best",
"worst", "average over past week": (none) 0 1 2 3 4 5 6 7 8 9 10 (worst pain)

Does the pain radiate to other parts of your body? [ ] Yes [ ] No. If yes, where? \_\_\_\_\_

Pain is worst: [ ] in the morning, [ ] by mid-day, [ ] end of the day, [ ] at night, [ ] morning and evening, [ ] the same all day

Each painful episode lasts how many [ ] \_\_ minute(s) [ ] \_\_ hour(s) [ ] \_\_ day(s) [ ] \_\_ week(s) [ ] \_\_ month(s) [ ] never stops.

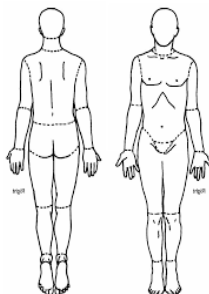
What percent of your waking hours is the pain present? [ ] 0 [ ] 10 [ ] 20 [ ] 30 [ ] 40 [ ] 50 [ ] 60 [ ] 70 [ ] 80 [ ] 90 100 [ ] %.

How many times in the past have you had the same/similar issue? [ ] 0, [ ] 1-2, [ ] 3-4, [ ] 5 or more

Have there been other changes in any body functions? [ ] Yes [ ] No If yes, Explain: \_\_\_\_\_

Please list other providers, tests, treatment, procedures for this condition: \_\_\_\_\_

Mark your areas of discomfort:



Dr. Initials/Date

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Date: \_\_\_\_\_

Are you experiencing/diagnosed with any of the following? Check Yes (Y) or No (N)

	Y	N		Y	N
<b>Cardiovascular</b>			<b>Psychosocial</b>		
Chest pain	<input type="checkbox"/>	<input type="checkbox"/>	Depression/anxiety	<input type="checkbox"/>	<input type="checkbox"/>
Irregular, rapid or pounding heart beat	<input type="checkbox"/>	<input type="checkbox"/>	Recent stressors	<input type="checkbox"/>	<input type="checkbox"/>
Swelling	<input type="checkbox"/>	<input type="checkbox"/>	Change in lifestyle	<input type="checkbox"/>	<input type="checkbox"/>
Difficulty breathing/shortness of breath	<input type="checkbox"/>	<input type="checkbox"/>	<b>Neurological</b>		
History of heart disease	<input type="checkbox"/>	<input type="checkbox"/>	Weakness: If yes, where: _____	<input type="checkbox"/>	<input type="checkbox"/>
<b>Respiratory</b>			Numbness: If yes, where: _____	<input type="checkbox"/>	<input type="checkbox"/>
Coughing/ Wheeze	<input type="checkbox"/>	<input type="checkbox"/>	Dizziness/confusion/vertigo	<input type="checkbox"/>	<input type="checkbox"/>
Phlegm	<input type="checkbox"/>	<input type="checkbox"/>	Blurred vision/Double vision	<input type="checkbox"/>	<input type="checkbox"/>
Blood in sputum	<input type="checkbox"/>	<input type="checkbox"/>	Diminished/partial loss of vision	<input type="checkbox"/>	<input type="checkbox"/>
<b>Gastrointestinal</b>			Slurred or difficult speech	<input type="checkbox"/>	<input type="checkbox"/>
Vomiting	<input type="checkbox"/>	<input type="checkbox"/>	Ringing in ears	<input type="checkbox"/>	<input type="checkbox"/>
Nausea	<input type="checkbox"/>	<input type="checkbox"/>	Hearing loss	<input type="checkbox"/>	<input type="checkbox"/>
Heartburn	<input type="checkbox"/>	<input type="checkbox"/>	Loss of consciousness/fainting	<input type="checkbox"/>	<input type="checkbox"/>
Bowel Incontinence	<input type="checkbox"/>	<input type="checkbox"/>	Headaches	<input type="checkbox"/>	<input type="checkbox"/>
Blood in stool	<input type="checkbox"/>	<input type="checkbox"/>	Difficulty with taste/smell/swallowing	<input type="checkbox"/>	<input type="checkbox"/>
<b>Urogenital</b>			Fevers	<input type="checkbox"/>	<input type="checkbox"/>
Painful urination	<input type="checkbox"/>	<input type="checkbox"/>	<b>Circulatory</b>		
Increased urine frequency/urgency	<input type="checkbox"/>	<input type="checkbox"/>	Bleeding problems	<input type="checkbox"/>	<input type="checkbox"/>
Urinary Incontinence	<input type="checkbox"/>	<input type="checkbox"/>	Swollen glands	<input type="checkbox"/>	<input type="checkbox"/>
Discharge/blood in urine	<input type="checkbox"/>	<input type="checkbox"/>	Fluid retention/swelling	<input type="checkbox"/>	<input type="checkbox"/>
<b>Musculoskeletal</b>			Hardening of the arteries	<input type="checkbox"/>	<input type="checkbox"/>
Joint pain/stiffness/weakness	<input type="checkbox"/>	<input type="checkbox"/>	Blood vessel disease	<input type="checkbox"/>	<input type="checkbox"/>
Osteopenia/osteoporosis	<input type="checkbox"/>	<input type="checkbox"/>	Stroke/aneurysm	<input type="checkbox"/>	<input type="checkbox"/>
History of whiplash	<input type="checkbox"/>	<input type="checkbox"/>	Take blood thinners	<input type="checkbox"/>	<input type="checkbox"/>
Recent fractures	<input type="checkbox"/>	<input type="checkbox"/>			

Are you currently under medical care?  Y  N. For what condition(s)? \_\_\_\_\_

Have you been diagnosed with any other health problems?  Y  N. If Y, please explain: \_\_\_\_\_

Have you had any imaging (scans, x-ray etc) in the last 28 days?  Y  N. If Y, what area? \_\_\_\_\_

Have you had any significant auto or work injuries or falls?  Y  N. If Y, when \_\_\_\_\_

Are you taking any medications?  Y  N. If Y, please list (include dosages): \_\_\_\_\_

Have you had surgery?  Y  N. List type and date: \_\_\_\_\_

Do you use/smoke tobacco?  Y  N  Former Smoker  Quit date: \_\_\_\_\_  Never smoked  Other form: \_\_\_\_\_

Do you drink alcohol?  Y  N  #/week? \_\_\_\_ **Recreational drug use?**  Y  N  Current  Former. Type: \_\_\_\_\_

Do you have any allergies?  Y  N. If yes, list: \_\_\_\_\_

Mother: Alive and well?  Y  N Father: Alive and well?  Y  N \_\_\_\_\_

Do any diseases run in your family? Please list and family member affected \_\_\_\_\_

My answers on this form are accurate to the best of my knowledge. I hereby consent to any procedures/ treatments necessary for treatment of any conditions as deemed reasonable by the attending doctor, and give my permission to obtain any records/reports from outside services related to this condition.

\_\_\_\_\_  
Dr Initials/Date

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Do you consent to communication regarding appointments, patient information, and your condition using an unencrypted/unsecure emailing service?

Yes  No Initials: \_\_\_\_\_ Patient Signature: \_\_\_\_\_

**Patient Name:** \_\_\_\_\_

**DOB:** \_\_\_\_\_ **Date:** \_\_\_\_\_

### THE LOWER EXTREMITY FUNCTIONAL SCALE

We are interested in knowing whether you are having any difficulty at all with the activities listed below because of your Lower Limb

Problem for which you are currently seeking attention. Please provide an answer for **each** activity.

Today, do you or would you have any difficulty at all with:

	ACTIVITIES	Extreme Difficulty or Unable to Perform Activity	Quite a Bit of Difficulty	Moderate Difficulty	A Little Bit Of Difficulty	No Difference
1	Any of your usual work, housework or school activities.	0	1	2	3	4
2	Your usual hobbies, recreational or sporting activities.	0	1	2	3	4
3	Getting into or out of the bath.	0	1	2	3	4
4	Walking between rooms.	0	1	2	3	4
5	Putting on your shoes or socks.	0	1	2	3	4
6	Squatting.	0	1	2	3	4
7	Lifting an object, like a bag of groceries from the floor.	0	1	2	3	4
8	Performing light activities around your home.	0	1	2	3	4
9	Performing heavy activities around your home.	0	1	2	3	4
10	Getting into or out of a car.	0	1	2	3	4
11	Walking 2 blocks.	0	1	2	3	4
12	Walking a mile.	0	1	2	3	4
13	Going up or down 10 stairs (about 1 flight of stairs.)	0	1	2	3	4
14	Standing for 1 hour.	0	1	2	3	4
15	Sitting for 1 hour.	0	1	2	3	4
16	Running on even ground.	0	1	2	3	4
17	Running on uneven ground.	0	1	2	3	4
18	Making sharp turns while running fast.	0	1	2	3	4
19	Hopping.	0	1	2	3	4
20	Rolling over in bed.	0	1	2	3	4
	<b>Column Totals:</b>					

Minimum Level of Detectable Change (90% Confidence): 9 points

**SCORE:** \_\_\_\_\_ / 80

Reprinted from Binkley, J., Stratford, P., Lott, S., Riddle, D., & The North American Orthopedic Rehabilitation Research Network, The Lower Extremity Functional Scale: Scale development, measurement properties, and clinical application, Physical Therapy, 1999, 79, 4371-383.



Name: \_\_\_\_\_ Primary Complaint: \_\_\_\_\_ Date: \_\_\_\_\_

1. Please indicate your usual level of pain during the past week.

No pain      **0**    **1**    **2**    **3**    **4**    **5**    **6**    **7**    **8**    **9**    **10** Worst pain possible

2. Does pain, numbness, tingling or weakness extend into your leg (from low back) &/or arm (from neck)?

None of the time **0**    **1**    **2**    **3**    **4**    **5**    **6**    **7**    **8**    **9**    **10** All of the time

3. How would you rate your general health? (x-10)

Poor              **0**    **1**    **2**    **3**    **4**    **5**    **6**    **7**    **8**    **9**    **10** Excellent

4. If you had to spend the rest of your life with your condition as it is right now, how would you feel about it?

Delighted        **0**    **1**    **2**    **3**    **4**    **5**    **6**    **7**    **8**    **9**    **10** Terrible

5. How anxious (eg. tense, irritable, fearful, difficulty in relaxing) you have been feeling during the past week:

Not at all        **0**    **1**    **2**    **3**    **4**    **5**    **6**    **7**    **8**    **9**    **10** Extremely anxious

6. How much have you been able to control (i.e., reduce) your pain on your own during the past week:

I can reduce it   **0**    **1**    **2**    **3**    **4**    **5**    **6**    **7**    **8**    **9**    **10** I can't reduce it at all

7. Please indicate how depressed (eg. down, sad, pessimistic) you have been feeling in the past week:

Not at all        **0**    **1**    **2**    **3**    **4**    **5**    **6**    **7**    **8**    **9**    **10** Extremely depressed

8. On a scale of 0-10, how certain are you that you will be doing normal activities or working in six months?

Very certain     **0**    **1**    **2**    **3**    **4**    **5**    **6**    **7**    **8**    **9**    **10** Not certain at all

9. I can do light housework for an hour.

Completely agree **0**    **1**    **2**    **3**    **4**    **5**    **6**    **7**    **8**    **9**    **10** Completely disagree

10. I can sleep at night.

Completely agree **0**    **1**    **2**    **3**    **4**    **5**    **6**    **7**    **8**    **9**    **10** Completely disagree

11. An increase in pain is an indication that I should stop what I'm doing until the pain decreases.

Completely disagree **0**    **1**    **2**    **3**    **4**    **5**    **6**    **7**    **8**    **9**    **10** Completely agree

12. Physical activity makes my pain worse

Completely disagree **0**    **1**    **2**    **3**    **4**    **5**    **6**    **7**    **8**    **9**    **10** Completely agree

13. I should not do my normal activities including work with my present pain

Completely disagree **0**    **1**    **2**    **3**    **4**    **5**    **6**    **7**    **8**    **9**    **10** Completely agree



## **Informed Consent**

It is our responsibility to fully inform you of all aspects of your treatment. Part of this includes a discussion of any potential side effects or complications. All treatments potentially can cause these reactions, and chiropractic manipulation is no different. It however, has one of the *safest* records of the wide range of treatments that can be used for spinal disorders.

Possible adverse effects of spinal manipulation can include soreness in the area of treatment, reactive muscle spasm, injury to the disc causing pressure on nerve tissue, fractures in weakened bone such as ribs, and injury to arteries in the neck resulting in stroke. Soreness or reactive muscle spasm or tightening are common but usually brief in reactions to treatment. The other potential complications are rare. It is best to examine the frequency of these potential complications of the other typical treatments which may be used for a spinal disorder.

**Disc injury from manipulation**  
**Causing spinal cord pressure**

1 per 100 million

**Neurological complication from**  
**Neck Surgery**                      **Back Surgery**

1 per 64

1 per 333

**Artery Injury from manipulation**  
**Causing a stroke**

1 per 1 million

**Death rate from neck surgery**

1 per 145

Perhaps the most common alternative to spinal manipulation is the use of anti-inflammatory drugs. These drugs cause fairly common and potentially serious complications.

Complications associated with anti-inflammatory drug use:

**Serious stomach or intestinal bleeding**  
**Hospitalizations from complications**  
**Deaths from complications**

**1-4 per 1,000 users**  
**20,000 per year**  
**16,500 per year**

I have read the above and understood the risk of complication that may occur from spinal manipulation. With this understanding, I consent to treatment with spinal manipulation by Morrison Chiropractic, P.A.

Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_



## **Payment Policy**

Thank you for choosing our practice! We are committed to the success of your chiropractic treatment and care. Please understand that the payment of your bill is part of this treatment and care. For your convenience, we have answered a variety of commonly-asked financial policy questions below. If you need further information about any of these policies please speak with one of our Front Desk Associates.

### **How may I pay?**

We accept payment by cash, check, all major credit cards, as well as online payments.

### **When is payment due?**

Payment for all treatments, services, and products are due at the time of the visit.

### **How much do I owe?**

Financial responsibility is determined by your insurance company. Insurance companies will NOT promise that any information given to our office regarding your coverage is correct nor is it a guarantee of payment. Each patient is responsible for monitoring changes with respect to any payout maximums and visit limits quoted by the insurance company.

Patient's signature: \_\_\_\_\_ Date: \_\_\_\_\_

## **Appointment Cancellation Policy**

We understand that unforeseen circumstances can arise and you may need to cancel your appointment with our office. Should you need to, we respectfully ask that you cancel your scheduled appointments at least 24 hours in advance.

Our doctors strive to be available for the needs of all of our patients. When an appointment is missed, or not cancelled within the requested time frame, another patient loses an opportunity to be seen.

Although we have always had a cancellation policy, circumstances have caused us to enforce a policy of charging for no-show appointments, and those appointments cancelled within 24 hours.

**As of September 1<sup>st</sup>, 2017 there will be \$50 charged for any appointment that is missed or cancelled within 24 hours.**

Thank you for your understanding and cooperation as we institute this policy. This will enable us to open otherwise unused appointments to better serve the needs of all patients.

Patient's signature: \_\_\_\_\_ Date: \_\_\_\_\_



I, \_\_\_\_\_ give my approval for the following people to have access to my protected health information. The individuals listed may schedule appointments on my behalf, request copies of invoices/bills and medical records and may be advised of my future appointment dates and times.

Name: \_\_\_\_\_ D.O.B \_\_\_\_\_

Name: \_\_\_\_\_ D.O.B \_\_\_\_\_

Name: \_\_\_\_\_ D.O.B \_\_\_\_\_

I understand that it is my responsibility to notify Morrison Chiropractic if I need to make any changes to this form.

Printed Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_